

## Health and Medical Requirements for Health Information Technology

- **Physical**-It is recommended to check complete this with a primary health care physician if available and insurance is applicable. Physicals can be done through Campus Health at a cost of \$25, an appointment is mandatory. Student must also bring physical form and/or immunization form required by program with them to the appointment. A Nurse Practitioner will sign the physical form and immunization form if the immunizations are complete. If immunizations are completed outside of Campus Health and you are wanting Campus Health to sign/verify immunization status student must bring in a copy of immunization proof for Campus Health to review and transcribe on form.
- **Immunizations**- It is highly recommended that students locate any records of previous immunizations from a school doctor's office or by checking if guardians kept records of immunizations. Taking the time to locate records will save you time and money. Checking with your physician's office or graduating high school for a certificate of immunization is a good place to start. You may also request any existing records from the Iowa Department of Public Health Immunization Registry Information System (IRIS):  
[https://iris.iowa.gov/docs/record\\_request.pdf](https://iris.iowa.gov/docs/record_request.pdf)
- Please allow at least 3-5 business days for the processing of your form. If you don't find records it doesn't mean that they don't exist, it means they haven't been entered into IRIS. In that case, check with your physician's office. Completing the requirements takes time so make sure you give yourself more than enough time to obtain your records or receive your immunizations.
  - Proof of TB skin test within the last year or chest X-ray with Plan of Care attached. TB test can be received through Campus Health at a cost of \$7. TB tests not done on Thursdays and other days are subject to RN work schedule and on campus availability. Tests are given and read at Campus Health. Students can ask their primary physician to have a lab TB test (T-spot or Quantiferon), but it is costly so check with your insurance coverage if available. A second TB test may be required later for students participating in an internship site where a 2-step method is mandatory.
  - Tdap-(Tetanus/Diphtheria/Pertussis)-must have an adult booster dose with Pertussis included. Available through Campus Health at a cost of \$33.
  - Varicella (Chickenpox)-Must have proof of immunity with a titer result or proof of 2 immunizations that are at least 28 days apart. A physician's signature is accepted in some cases if the physician who saw you when you had the disease writes a specific

date and signs that he saw you and diagnosed you with chickenpox. Titers can be done through Campus Health by appointment only, on Tuesdays/Wednesdays from 8am-12pm when the Nurse Practitioner is in the office. If you have insurance, we can send insurance information to the lab for them to file. It is the responsibility of the student to find out if titers are covered under their insurance plan. If no insurance coverage or no insurance is involved then the student is billed approximately \$40 from Mercy Clinical Lab for the cost of running the titer. If the titer is negative or equivocal or if the student chooses the immunizations instead of the titer, they are available in Campus Health at a cost of \$121 per injection and 2 injections will be required and will take 28 days to complete.

- MMR- (Measles/Mumps/Rubella)- Must have proof of immunity with a titer result or proof of 2 immunizations that are at least 28 days apart. Titers can be done through Campus Health by appointment only, on Tuesdays and Wednesdays from 8am-12pm when the Nurse Practitioner is in the office. If you have insurance, we can send insurance information to the lab for them to file. It is the responsibility of the student to find out if titers are covered under their insurance plan. If no insurance coverage or no insurance is involved then the student is billed approximately \$125 from Mercy Clinical Lab for the cost of running the titer. If the titer is negative or equivocal or if the student chooses the immunizations instead of the titer, they are available in Campus Health at a cost of \$72 per injection and 2 injections will be required and will take 28 days to complete.
- Note, the CDC discourages blood titers because they are not sensitive enough to pick up immunity. It is highly recommended that students look for records or go the immunization route.

- **Additional items to consider**

- Student will be notified of the due date of subsequent immunization doses done through Campus Health before they leave and will be given copies of services received.
- It is the responsibility of the student to make follow-up appointments to complete any series that they have started. Payment for services will be made prior to the service through Student Accounts in Bldg. #1.
- Students must be currently enrolled students to receive any services from Campus Health.
- The Campus Health Specialist has other responsibilities and may not be in the office when students drop in. Appointments are mandatory for physicals and titers and these are done on Tuesdays/Wednesdays from 8am-12pm when the Nurse Practitioner is in the office.
- Campus Health Office is located in Bldg. #24 Rm. #103. Phone # 964-6352.