

Bistro

Entrées: \$15.00 All entrées served with your choice of soup or salad, one side dish and a dessert

<u>Entrées</u>

Beer Battered Fish and Chips Deep-fried fish with a remoulade sauce

Pork Tenderloin * Grilled pork tenderloin topped with sweet apple chutney and parsnip purée

Shrimp Risotto Creamy risotto with grilled shrimp topped with fresh microgreens

Falafel

Deep-fried chickpea falafels with your choice of hummus or tzatziki

Crispy Skinned Salmon

Pan seared salmon with coconut sauce laid atop pineapple salsa

Chicken Alfredo Cajun style alfredo with grilled chicken

Steak de Burgo * Ribeye steak paired with de Burgo sauce and whipped potatoes

<u>Sides</u>

Stuffed Peppers Variety of bell peppers filled with cream cheese, bacon and rice

Grilled Carrots Heirloom carrots with an herb butter

Cauliflower Grilled cauliflower with a creamy cheese sauce

Buffet Themes

South African – Oct. 25-27

Vietnamese – Nov. 1-3

American Southern – Nov. 8-10

Menu subject to change





The Iowa Culinary Institute prides itself on providing students with the highest quality educational experience possible. The ICI Bistro is, first and foremost, a classroom in which every part of the guest's dining experience is provided by the students. We, as culinary educators, believe that our students will be well-equipped to support the workforce locally and beyond if our kitchen focuses on the foundations that are paramount to the industry: safety, professionalism, hospitality, teamwork, and consistency.

Consumer Advisory:

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain conditions.