

# Bistro

**Entrées: \$15.00** All entrées served with your choice of soup or salad, one side dish and a dessert

## <u>Entrées</u>

**Beer Battered Fish and Chips** Deep-fried fish with a remoulade sauce

**Pork Tenderloin \*** Grilled pork tenderloin topped with sweet apple chutney and parsnip purée

Shrimp Risotto Creamy risotto with grilled shrimp topped with fresh microgreens

### Falafel

Deep-fried chickpea falafels with your choice of hummus or tzatziki

### **Crispy Skinned Salmon**

Pan seared salmon with coconut sauce laid atop pineapple salsa

**Chicken Alfredo** Cajun style alfredo with grilled chicken

**Steak de Burgo \*** Ribeye steak paired with de Burgo sauce and whipped potatoes

## <u>Sides</u>

**Stuffed Peppers** Variety of bell peppers filled with cream cheese, bacon and rice

**Grilled Carrots** Heirloom carrots with an herb butter

**Cauliflower** Grilled cauliflower with a creamy cheese sauce

## **Buffet Themes**

South African – Oct. 25-27

Vietnamese – Nov. 1-3

American Southern – Nov. 8-10

Menu subject to change





The Iowa Culinary Institute prides itself on providing students with the highest quality educational experience possible. The ICI Bistro is, first and foremost, a classroom in which every part of the guest's dining experience is provided by the students. We, as culinary educators, believe that our students will be well-equipped to support the workforce locally and beyond if our kitchen focuses on the foundations that are paramount to the industry: safety, professionalism, hospitality, teamwork, and consistency.

#### **Consumer Advisory:**

\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain conditions.